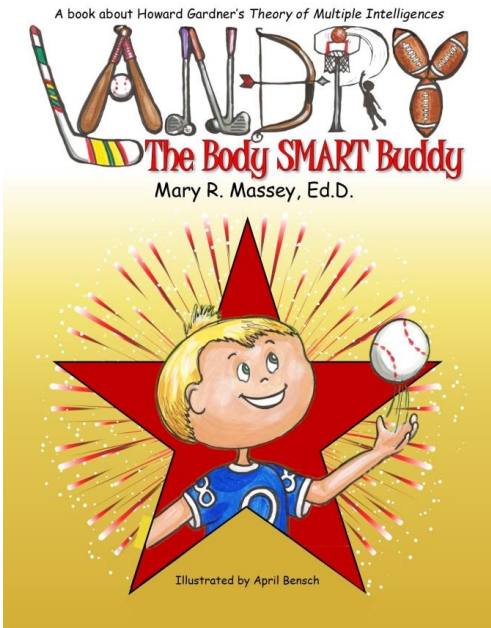
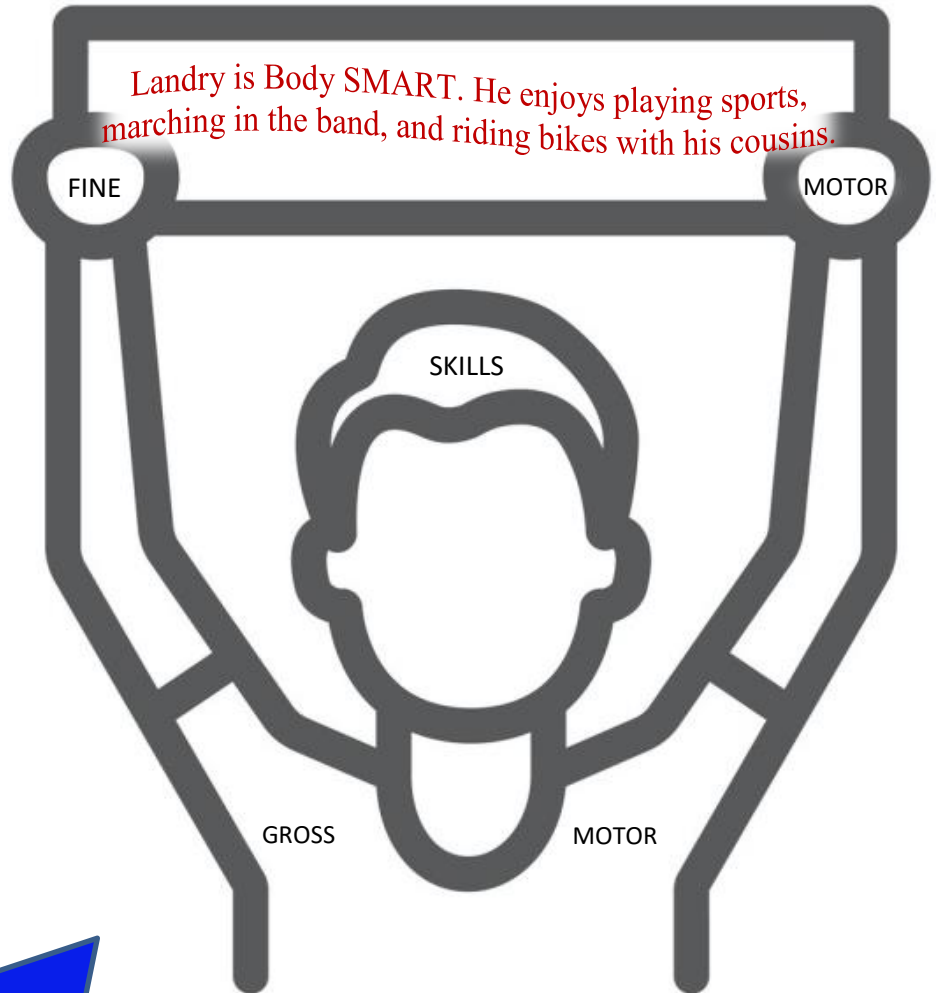


# DISCUSSION GUIDE



Landry is Body SMART. He enjoys playing sports, marching in the band, and riding bikes with his cousins.



<https://www.youtube.com/watch?v=jfDVVJgls34>

**GEOMETRIE VARIABLE**  
A dance group that combines popping, animation, and tutting to form geometric shapes.

**Popping** is a street dance adapted out of the earlier Boogaloo cultural movement in Oakland, California.

**Animation** is a style and a technique where the dancer imitates film characters being animated by stop motion. The technique of moving rigidly and jerky by tensing muscles and using techniques similar to strobing and the robot makes it appear as if the dancer has been animated frame by frame.

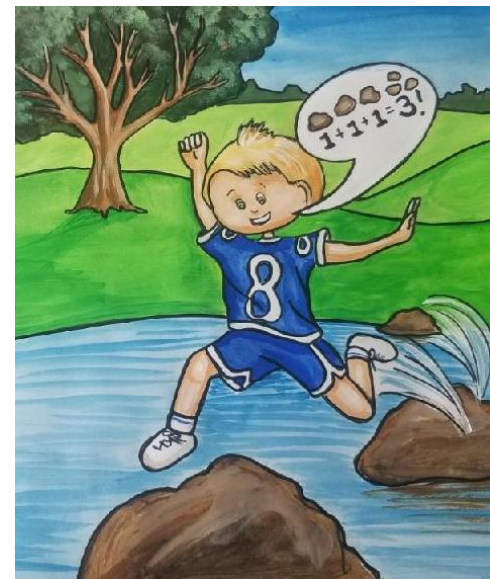
**Tutting** exploits the body's ability to create geometric positions and movements, predominantly with the use of right angles. It is inspired by the art of Ancient Egypt (the name derived from the Egyptian pharaoh Tutankhamun, colloquially known as "King Tut").

Check out this video and then see if YOU can make your own fun, geometric shapes with your body SMART Part!

## PARKOUR - jumping, climbing, or running

noun. the sport of moving along a route, typically in a city, trying to get around or through various obstacles in the quickest and most efficient manner possible, as by jumping, climbing, or running: his amazing **parkour** skills.

Can you create a parkour course in your yard or on your driveway using household items?



Rhythm is the pattern of stresses within a line of verse. All spoken word has a rhythm formed by stressed and unstressed syllables. When you write words in a sentence you will notice patterns forming. Try learning a definition, quote, or other important information by using your body to tap out a rhythm as you speak it.



Or hop from letter to letter to practice your spelling words!



**B O D Y**

**S M A R T**

